



THE PLOUGH
EAST SHEEN

Mains

Beef Fillet Steak (200 grams) & Fries	£22.95
<i>With the choice of fresh broccoli & a green peppercorn sauce Or mixed leaf salad & topped with herbed butter</i>	
The Plough Cheese & Bacon Beef Burger	£11.50
<i>Cooked to order & with lettuce, tomato, red onion and hand cut chips <u>Extras:</u> Blue Cheese £1.00, Fried Egg £1.00</i>	
Rump of Lamb	£13.50
<i>Served on the bed of Ratatouille with Dauphinoise potatoes and rosemary jus</i>	
Pan Fried Chicken Breast	£12.50
<i>Free range chicken breast with sautéed red onions & chorizo, roasted baby new potatoes And a red wine jus</i>	
Rye Bay Scallops	£12.25
<i>Seared scallops with caponata (classic Sicilian vegetable stew). On a bed of creamy potato puree</i>	
Grilled Salmon Steak	£11.95
<i>Salmon topped with tarragon herb butter, wilted spinach, lemon & dauphinoise potatoes</i>	
The Plough Battered or Oven Baked Haddock & Chips	£11.50
<i>A choice of beer or chilli & coriander batter and served with hand cut chips, mushy peas, Homemade Tartare sauce & a wedge of lemon</i>	
Warm Alfresco Salad	£6.50/£10.50
<i>Interesting salad of spinach, rocket, and pan fried cherry tomatoes, peppers, artichokes & new potatoes with a homemade pesto dressing</i>	
Chicken and Bacon Salad	£11.25
<i>Char-grilled chicken breast with crispy bacon, cherry tomatoes, mixed leaves and grainy mustard dressing, served with croutons</i>	

Side Dishes	£3.00
<i>Chef's salad, mixed leaf salad, green salad with parmesan & a lemon olive oil dressing, pasta, Hand cut fries, Dauphinoise potatoes, mixed vegetables, glazed carrots</i>	

*The Plough is a stunning British Inn steeped in history.
Our food is cooked from carefully selected quality ingredients. It is appetising and expertly prepared and full of flavor. Our supplies are delivered daily,
and wherever possible we use local produce.*

*In keeping with our traditional English inn heritage, you'll find an excellent selection of hearty, British dishes on our menu. Mouth-watering
homemade pies, succulent scallops, tender lamb shanks are just some of the tasty dishes we offer you. And we always try to include seasonal dishes.
We have excellent vegetarian options as well as our delicious and healthy salads.*

Our wine selection surprises, delights & satisfies a very discerning clientele without having to have huge price tags.

*We pride ourselves on a well-kept cellar and have been awarded with the Cask Marque accreditation.
You are guaranteed the highest quality British ales and international lagers.*

Service is not included on your bill. 100% of your tips go to our staff

Please see other side



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Specials

King Prawns & Scallops	£12.50
<i>Seared scallops & pan fried prawns with tomato salsa, mixed leaf salad, homemade fries & aioli</i>	
Monk Fish Steak	£12.50
<i>Pan fried monk fish served with spinach, creamy mashed potatoes & a chive beurre blanc sauce</i>	
Fish Cake	£11.95
<i>Smoked salmon, cod & haddock fish cake served with mixed leaf salad, tomato salsa, tartare sauce & chips</i>	
Luxury Fish Pie	£11.75
<i>Salmon, scallops, prawns, tuna, monk fish & cod in crispy pastry with vegetables, mash, fennel & lemon veloute</i>	
Hungarian Pork Paprikash	£11.75
<i>Pork tenderloin marinated with paprika, onions & peppers and served with basmati rice</i>	
Chicken, Chorizo, Pea & Bacon Pie	£11.75
<i>Chunky pieces of chicken with bacon & peas topped with crispy pastry, mixed vegetables, gravy & mash or chips</i>	
Steak & Kidney Pie	£11.75
<i>Chunky pieces of beef & slow cooked kidney topped with pastry with mixed vegetables, gravy & fries</i>	
Mixed Grill Platter	£12.95
<i>Chicken breast, pork loin & Beef fillet served with BBQ and aioli sauces, mixed leaf salad, grilled tomato & chips</i>	
Side Dishes	£3.00
<i>Chef's salad, mixed leaf salad, green salad with parmesan & a lemon olive oil dressing, pasta, Hand cut fries, Daubinoise potatoes, mixed vegetables, glazed carrots</i>	

Starters

Soup of the Day	£4.95
<i>With warm crusty bread</i>	
Carpaccio of Beef Fillet	£7.50
<i>Sliced fillet with olives, parmesan shavings, mixed leaf salad, crispy warm bread & a pesto dressing</i>	
Crisp Duck Spring Rolls	£6.25
<i>With marinated cucumber salad, spicy plum sauce & sesame seeds</i>	
Deep Fried Brie	£6.50
<i>Brie wrapped in filo pastry with a mixed salad & cranberry sauce</i>	
Three Cheese & Vegetable Tartlet	£6.75/£10.50
<i>Mascarpone, parmesan & goats cheese, baby spinach, salad garnish & a French dressing</i>	
Rye Bay Scallops	£7.50
<i>Seared scallops with tomato salsa, mixed leaf salad & aioli</i>	
Calamari & Breaded Prawns	£6.25
<i>Deep fried and served with aioli sauce & sweet chilli dip</i>	

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